

செலக்சன்

ஆங்கிலம்

ஆறாம் வகுப்பு

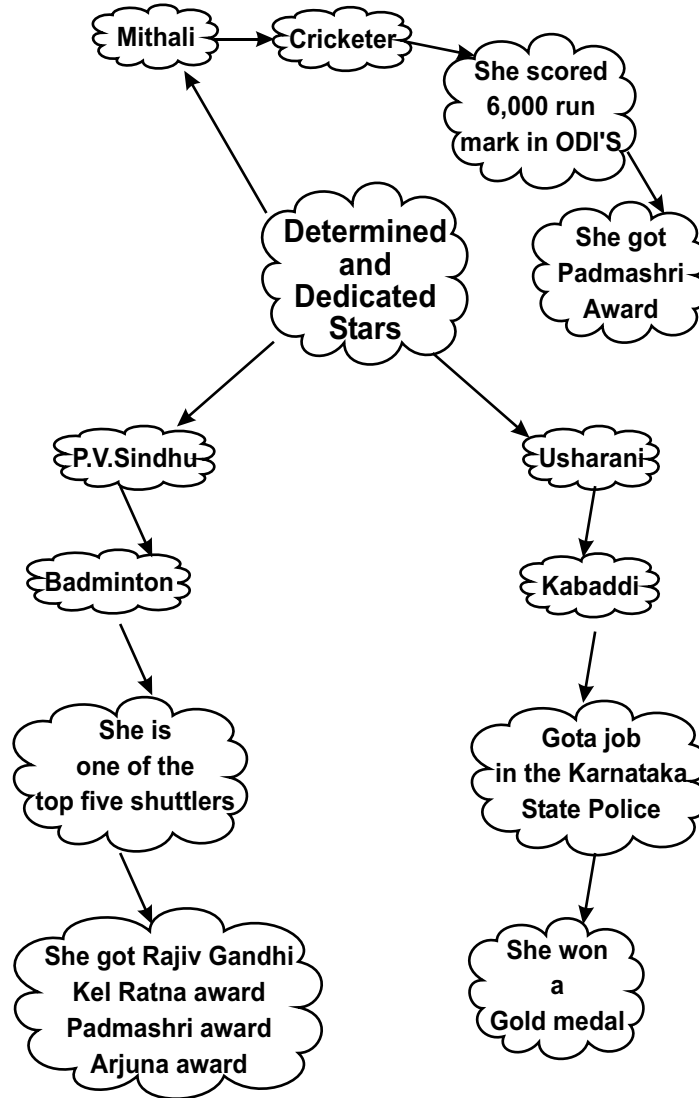
இரண்டாம் பருவம்

5
1

POEM : FROM A RAILWAY CARRIAGE* (MEMORITER)

*Faster than fairies, faster than witches,
Bridges and houses, hedges and ditches;
And charging along like troops in a battle,
All through the meadows the horses and cattle:
All of the sights of the hill and the plain
Fly as thick as driving rain;
And ever again, in the wink of an eye,
Painted stations whistle by.
Here is a child who clambers and scrambles,
All by himself and gathering brambles;
Here is a tramp who stands and gazes;
And there is the green for stringing the daisies!
Here is a cart run away in the road,
Lumping along with man and load;
And here is a mill and there is a river:
Each a glimpse and gone forever!*

- Robert Louis Stevenson

UNIT - 1**PROSE: SPORTS STARS****MINDMAP****Successful**

Warm up.



MIRRORING:

The teacher selects three pairs. The pairs are made to stand facing each other. The teacher whispers a game to each pair. One person makes a movement, the other tries to mirror the movement or copy it exactly. Then they change roles. **When both have played both roles, try to coordinate movements with each other, so that both become player and mirror at the same time.** Then the rest of the class have to find out which sport they are mirroring.

eg. Passing the ball, kicks for karate, bowling the ball, batting, etc.,

SECTION - I

Summary :

- ★ Mithali Dorai Raj is an Indian Women Cricketer.
- ★ She has been widely recognized and acknowledged.
- ★ Mithali started to play the game at the age of 10, she was selected for the Indian team at the age of 17.
- ★ She was the highest run scorer in women's international cricket and the only woman cricketer to surpass the 6,000 run mark in ODIs.
- ★ Mithali is the first player to score seven consecutive 50s
- ★ She is nicknamed 'Tendulkar of Indian women's cricket'.
- ★ Her contribution to cricket conferred on her the Padma Shri Award.

செலக்சன் 6 ஆங்கிலம்

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இரண்டாம் பருவம் 5 in 1

பாடச்சுருக்கம்:

- ★ மிதாலி துரைராஜ் நமது இந்திய துடுப்பாட்ட வீராங்கனை ஆவார்
- ★ மிகச்சிறந்த துடுப்பாட்டக்காரர், இவர் இந்த விளையாட்டில் தனக்கென ஒரு இடத்தைப் பிடித்துள்ளார்.
- ★ இவர் துடுப்பாட்டத்தின் மீது மிகவும் ஆர்வமாகவும், இதில் சாதிக்கவேண்டும் எனும் உத்வேகத்துடன் தனது 10 வயதில் பயிற்சியில் களம் இறங்கினார்.
- ★ தன்னுடைய 17 வது வயதில் இந்திய அணிக்காகத் தேர்வு செய்யப்பட்டார்.
- ★ துடுப்பாட்டத்தில் 6000 ஓட்டங்கள் எடுத்த முதல் இந்தியப் பெண் சாதனையாளராகத் திகழ்கிறார்.
- ★ மேலும் தொடர்ந்து ஏழு முறை 50 ஓட்டங்கள் எடுத்து சாதனை படைத்துள்ளார்.
- ★ இவரை மக்கள் "இந்திய அணியின் பெண் சச்சின் " என்று புகழ்ந்தனர்.
- ★ அவருக்கு பத்மஸ்ரீ விருது வழங்கப்பட்டது.

Put a (✓) for the correct and (*) for the incorrect statements.

1. A school-going girl writes the diary account. **Ans : (*)**
2. The boy was so inspired by Mithali that he was happy for his sister to play cricket. **Ans : (*)**
3. Mithali Raj is happy to be recognised as Tendulkar of Indian Women's Cricket. **Ans : (*)**
4. Women should not be compared with men in cricket, says Mithali. **Ans : (✓)**
5. Mithali Raj was not encouraged to play cricket by her family members. **Ans : (*)**
6. Mithali is one of the women players to score seven consecutive 50s. **Ans : (*)**
7. Mithali's mother tongue is Telugu **Ans : (*)**

GLOSSARY

Recognised	- Known
Acknowledged	- Accepted
Privilege	- Honour
Consecutive	- One after another
Identity	- Who/What a person is or how a person is known
Inspiration	- Here, a person one looks up to
Passion	- Desire

SYNONYMS :

- | | |
|----------------|-----------------------------|
| 1. conferred | - grant |
| 2. surprise | - amaze |
| 3. compared | - contrast |
| 4. cruised | - sailed |
| 5. anchored | - strongly connected |
| 6. absolute | - complete |
| 7. traditional | - conventional, established |
| 8. unfold | - opened |
| 9. nicknamed | - by name |
| 10. quote | - say |
| 11. compliment | - tribute |
| 12. barriers | - fence |

ANTONYMS :

- | | |
|-----------------|------------------|
| 1. beginning | x ending |
| 2. unfold | x fold |
| 3. love | x hate |
| 4. male | x female |
| 5. interested | x uninterested |
| 6. proud | x humble |
| 7. recognised | x unrecognised |
| 8. acknowledged | x unacknowledged |
| 9. highest | x lowest |
| 10. compared | x differed |
| 11. absolute | x partial |
| 12. achieved | x failed, lost |
| 13. started | x stopped |
| 14. young | x old |
| 15. traditional | x modern |
| 16. perfection | x imperfection |

Additional questions and answers**Answer the following questions.****1. Who is Mithali Dorai Raj?**

Mithali Dorai Raj is an Indian women cricketer and the captain of the Indian women's cricket team.

2. When did Mithali start playing cricket?

Mithali started playing cricket at the age of 10

3. When was she selected for the India team?

She was selected for the Indian team at the age of 17.

4. How was she nicknamed? Did she accept it? why?

She was nicknamed as "Tendulkar of Indian Women's cricket".

No, she did not accept it because she wanted people to know her by her own identity.

5. How was she honoured?

She was honoured by Padmashri Award.

Paragraph :**1. What are the reasons for the success of shining women star? Mithali Raj :**

She is an Indian cricketer and the captain of the women's cricket team in Tests and one day internationals (ODI's). When she was young, she used to go with her father to the grounds where he practiced. She used to stand outside of the ground, and returned the ball when it came her way. She managed to secure a name and place for herself. She broke the traditional barriers and proved that women are on par with men in every field. The government of India recognition of her contribution to cricket conferred on her "Padma Shri" Award.

SECTION II**Summary :**

- ★ Usha Rani is a Cop cum Kabaddi champion.
- ★ She is from a poor family, she was armed with her mother's unfulfilled dream to become an athlete.
- ★ As a school child, she watched kabaddi at a club in front of her house and soon she joined the club.
- ★ Whenever she was not playing, she was the source of support to her parents and others at home.
- ★ She used to sell flowers for her daily living.
- ★ She has also become a role model to her brothers and sisters.
- ★ She had to struggle all through her life. She was selected as a Police person for her excellence in sports.
- ★ She was just 29 years old when she won a gold medal in Kabaddi.
- ★ Usha participated in national events every year without a miss.

பாடச்சுருக்கம் :

- ★ உஷாராணி மிகச் சிறந்த கபடி வீராங்கனை. அவரது குடும்ப சூழ்நிலை மிகவும் ஏழ்மையானது
- ★ உஷாவின் தாயாருக்கு ஒரு சிறந்த ஓட்டப்பந்தய வீராங்கனை ஆகவேண்டும் என்பது கனவு.
- ★ உஷாவின் வீட்டின் முன்புறம் கபடி வீரர்கள் பயிற்சியில் ஈடுபடுவதை கண்டு உஷா மிகவும் ஆர்வமாக கபடி கற்றுக்கொண்டார்.
- ★ அவர் தன்னுடைய குடும்பத்தைக் காப்பாற்ற தினமும் பூ விற்பு வாழ்க்கை நடத்தினார்.
- ★ தனது தம்பி, தங்கைகளுக்கு எடுத்துக்காட்டாக திகழ்ந்தார்.
- ★ இறுதியில் அவர் கர்நாடகா காவல் படையில் பணியில் சேர்ந்தார். தனது 29 வது வயதில் தங்கப்பதக்கம் வென்றார்.
- ★ இவர் ஆண்டுதோறும் நடைபெறும் தேசியப்போட்டிகளில் பங்கேற்பார்.

Answer the following briefly.**1. When did Usha Rani start playing Kabaddi?**

Usha Rani started playing Kabaddi as a school child.

2. What did she sell to support her family?

She sold flowers to support her family.

3. Find out the idiom that relates to 'whatever the circumstances', from the first paragraph.

"Rain for shine" is the idiom that related to "Whatever the circumstances"

Identify and write the sport's name respectively.**1. Kabaddi 2. Tennis 3. Cricket 4. Relay**

GLOSSARY :

Shanty town	- Apoor area
Unfulfilled	- Unrealised
Prominent	- Noticeable
Determined	- Will powered

SYNONYMS :

1. excellence - distinction
2. acclaimed - public praised
3. expert - skillful person
4. consistently - invariably
5. prominent - important, well known

ANTONYMS :

1. junior x senior
2. youngest x oldest
3. won x lost
4. opponents x friends
5. consistently x inconsistently
6. raiding x deafening

Additional questions and answers**Answer the following :****1. Where was Usha Rani born?**

Usha Rani was born in shanty town of subedar palaya in yeshwanthpur near Bengaluru in Karnataka.

2. Where did she practise kabaddi?

She practised kabaddi at the kanteerava stadium.

3. Name her profession?

She was a cop in Karnataka state Police force.

4. What was she good at in Kabaddi?

She was good at raiding and giving leads.

5. Who played a prominent role in Indian kabaddi team?

Usha Rani played a prominent role in Indian kabaddi team.

Paragraph :**1. How determination helps one to succeed?**

Usha Rani is from Shantytown of Subedarpalaya in Yeshwanthpur near Bengalure, in Karnataka. Her determined practised Kabaddi in the Kanteerava Stadium every morning rain or shine. She support to her parents and others at home. She used to sell flowers, she had struggle all through her life and got job in sports quota as Karnataka State Police force selected as a police person. She won gold medal at the age of 29.

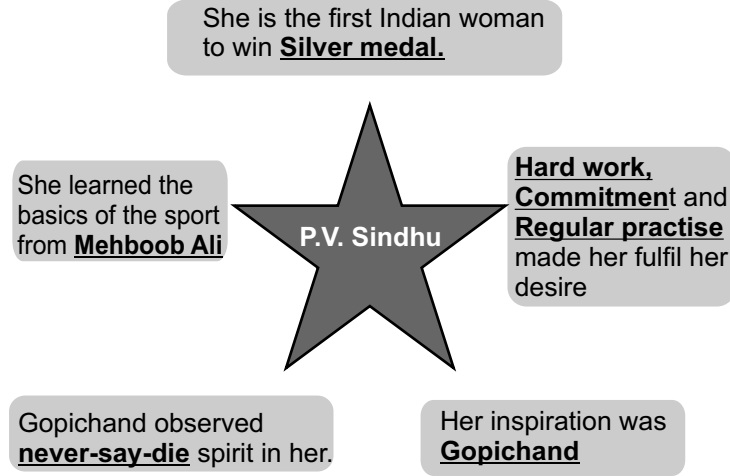
SECTION III**Summary :**

- ★ Puserla Vnkata Sindhu is one of the two Indian badminton players to win a silver medal in 2017 Olympics.
- ★ She joined Pullela Gopichands, "Gopichand Badminton Academy"
- ★ Sindhu first learnt the basics of the sport with Mehboob Ali.
- ★ Sindhu came to international attention when she broke into the top 20 of the BFW in 2012. Now she is in 10th place.
- ★ She managed her classes through correspondence.
- ★ She did balance both her passion as well as her academics.
- ★ She holds a Bachlor's degree in Commerce B.Com.,

பாடச்சுருக்கம் :

- ★ புசார்லா வெங்கட் சிந்து பூப்பந்தாட்ட வீரர்.
- ★ பிரேசிலின் ரியோ-டி-ஜெனிரோவில் நடைபெற்ற ஒலிம்பிக் போட்டிகளில் வெள்ளிப்பதக்கத்தை வென்று, சாதனை பெண்மணியாகத் திகழ்கிறார்.
- ★ இவர் ஐதராபாத்தில் உள்ள கோபிசந்த் இறகுபந்தாட்ட அகாதமியில் பயிற்சி பெற்றுவருபவர்.
- ★ சிந்து பூப்பந்தாட்டத்தின் அடிப்படையை மெகபூப் அலியிடம் கற்றுக்கொண்டார்.
- ★ பூப்பந்தாட்ட உலகக் கூட்டமைப்பின் உயர்ந்த 20 தரவரிசையாளர்களில் ஒருவராக 2012 ல் இடம் பெற்றுள்ளார். தற்போது 10 வது இடத்தில் இவர் உள்ளார்.
- ★ சிந்து தனது கல்வியை தொலைதூரக் கல்வி மூலம் பயின்றார். இப்பொழுது தனது B.Com., பட்டத்தை முடித்துள்ளார்

Complete the mind map given below.



GLOSSARY :

Correspondent	-	Reporter
Commitment	-	Dedication
Never-say-die	-	Don't stop trying
Civilian	-	Ordinary people

SYNONYMS :

1. instantly	-	immediately
2. inspiration	-	some one who gives new ideas
3. profiling	-	self assessment
4. reflection	-	mirroring
5. commitment	-	dedication
6. attitude	-	outlook
7. spirit	-	essence
8. passion	-	strong emotion
9. academics	-	educational
10. schedules	-	plan, timetable

ANTONYMS :

1. instantly	x	slowly
2. ever	x	never
3. won	x	lost
4. professional	x	amateur
5. success	x	failure

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இரண்டாம் பருவம் 5 in 1

6. willingness	x	unwillingness
7. busy	x	idle
8. regular	x	irregular
9. balance	x	imbalance
10. fulfill	x	neglect

Additional questions and answers

Answer the following :

1. Name the two badminton players who won medals in 2017 Olympics?

P.V.Sindhu and Saina Nehwal are the two badminton players who won medals in 2017 Olympics.

2. Where did Sindhu learn badminton?

Sindhu learnt the basics of badminton from Mehboob Ali. She then joined 'Gopichand's badminton Academy'

3. What is most striking feature in Sindhu's game?

The most striking feature in Sindhu's game is her attitude and never - say-die spirit.

Paragraph :

1. How dedicated P.V.Sindhu?

P.V.Sindhu was inspired by Pullela Gopichand, who succeed in 2001 All England Open Badminton Champion. Sindhu first learned the basics from Mehboob Ali. The fact that she reports on time at the coaching camps daily, reflection of her willingness and desire to be a good Badminton player will the required hard work and commitment.

These peoples succeed through their dedication, willingness, desire and passion.

Read and understand :

I. Identify the sports and the sports personalities from the lesson and fill in the table.

Sports	Name of the player & Field of sports	Awards
	Usha Rani Kabaddi	
	P.V. Sindhu Badminton	1. Rajiv Gandhi Khel Ratna Award 2. Padma Shri Award 3. Arjuna Award
	Mithali Dorai Raj Cricket	Padma Shri Award

II. Read the questions related to the three sports stars you have read about and tick the appropriate boxes.



- | | | | |
|---|-------------------------------------|-------------------------------------|-------------------------------------|
| 1. Who won the Olympic 2017 silver medal in badminton? | ☐ | ☒ | ☐ |
| 2. Who is the role model for her siblings? | ☐ | ☐ | ☒ |
| 3. Whose mother tongue is Tamil? | ☒ | ☐ | ☐ |
| 4. Whose attitude is 'never-say-die spirit'? | ☐ | ☒ | ☐ |
| 5. Which player works in the Police Department? | ☐ | ☐ | ☒ |
| 6. Which player holds the record for the highest individual score in cricket? | ☒ | ☐ | ☐ |

III. Think and answer.

1. Women/ Men can achieve anything, provided they put their heart and soul into it. Discuss in the class. Do you think being a man or a woman makes a difference?

One has to enjoy the process by putting heart and soul into it. This is the most important condition for success. You

have dedicate tons of time and energy to it. People who achieve extra ordinary results practice a lot beyond the ordinary to get where they want to be don't quit because you can't figure out or price is too high. If you want it badly, you will find away. It doesn't come easy when you're creating something unique and remarkable.

2. How can you balance your academic goals and your passion for sports or arts?

If it is sports practice daily in the morning and evening. If it is arts practice on Saturdays and Sundays. If you put up practice and hard work, days together, week together, months together and years together, you can achieve anything without disturbing school life or college life.

VOCABULARY

A. Match the sport and the equipment.

eg. Cricket – Bat

1. Football	-Bow and Arrow
2. Tennis	-Club
3. Golf	-Net
4. Volleyball	-Racquets
5. Archery	-Helmet

Ans :

1. Football	-Helmet
2. Tennis	-Racquets
3. Golf	-Club
4. Volleyball	-Net
5. Archery	-Bow and Arrow

B. Find the names of twelve sports and games from the grid.

A	K	A	B	A	D	D	T	T
S	I	V	W	O	I	M	C	A
D	T	E	N	N	I	S	E	B
F	E	C	H	E	S	S	S	L
G	F	A	O	R	I	W	K	E
O	L	R	C	E	U	I	A	T
L	Y	R	K	L	T	M	T	E
F	I	O	E	A	W	M	I	N
P	N	M	Y	Y	D	I	N	N
P	G	P	J	R	T	N	G	I
Y	T	S	U	M	O	G	R	S

1. Kabaddi
2. Tennis
3. Chess
4. Ice skating
5. Table Tennis
6. Sumo
7. Golf
8. Flying
9. Carrom
10. Hockey
11. Relay
12. Swimming

C. Tick the meaning of the italicised word.

1. Being compared to Sachin is an absolute privilege.
a) Honour b) Right c) Favour d) Disadvantage
Ans : a) Honour
2. The boy was taken by surprise when he learnt about Mithali Dorai Raj.
a) Affected b) Moved c) Amazed d) Upset
Ans : c) Amazed
3. Usha Rani had to struggle all through her life.
a) Fight b) Duel c) Fun d) Work hard
Ans : d) Work hard
4. Usha Rani is expert at giving leads.
a) Clumsy b) Sharp c) Skilled d) Bad
Ans : c) Skilled
5. No opponent is too big to defeat.
a) Competitor b) Rival c) Helper d) Enemy
Ans : a) Competitor

D. Fill in the blanks with the opposites of the words given in brackets.

1. We should learn from our _____ (success).
Ans : defeat
2. Children don't like to read _____ (interesting) books.
Ans : uninteresting
3. Be _____ (general) when you are telling us what you need.
Ans : tensed
4. The teacher asked the children to _____ (start) talking.
Ans : stop
5. The new boss decided to _____ (appoint) the lazy workers.
Ans : dismiss

LISTENING

E. Listen to your teacher and number the pictures accordingly.

a) 4b) 1c) 2d) 3

Write 'T' if the statement is True and 'F' if the statement is False.

1. Himachal Pradesh is an ideal place for paragliding. ☐ F
2. Skiing offers opportunities to delve into oceans. ☐ F
3. Paragliding is also a recreational adventure sport. ☐ T
4. Scuba Diving has a huge following all over the world. ☐ F
5. The most suitable period for Skiing is from March to June. ☐ F

SPEAKING

F. Look at these images of different kinds of sports. Identify and name as many as you can with your partner. Describe any one of them to your partner.



★ **Name of the sport.**

★ **What equipment is used to play the sport?**

★ **What kind of area/ground/field it is played in?**

★ **How is it played?**

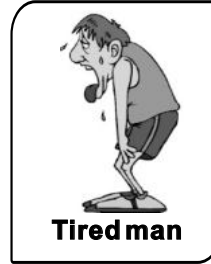
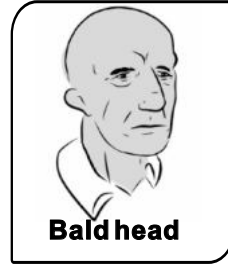
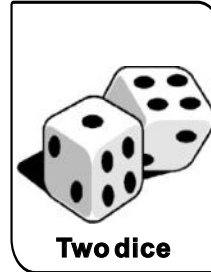
Name of the sport	Equipment	Area	How is played
1. Volley ball	Volley ball	Court	Two teams of six players
2. Weight lifting	Bar bells, weight plates, collars	Indoor	a maximum weight single life,
3. Cycling or biking	Cycle, helmet	Road	Individual Maximum speed,
4. Swimming	Swimming	Swimming	Individual
5. Skiing	suit Skis, Boots, Poles, Helmets, Suits goggles, gloves	pool Snow	swimming Individual
6. Horse riding	Horse	Race	Individual
7. Basket ball	Basket ball	course court	Two teams
8. Athletics	Shoes	Track	Individual
9. Gymnas-tics	Bars, Rings	Indoor	Individual

★ Present your sport to the class in four to five sentences.

These phrases will help you.

- ★ I like to play _____. **Ans : cricket**
 ★ I play _____ regularly with my friends. **Ans : cricket**
 ★ _____ is an indoor / outdoor game. **Ans : Cricket**
 ★ _____ game requires _____ players. **Ans : Cricket, 11**
 ★ _____ has _____. **Ans : Cricketer, bat, ball and stumps**
 ★ _____ generally played in a ground. **Ans : Cricket**
 ★ I enjoy playing _____ game. **Ans : Cricket**

PICTO GRAMMAR



An adjective is a word that describes a noun.

USE GRAMMAR

G. Look at the picture and fill in the blanks with suitable words.

1. There is a _____ ground in my school.

Ans : spacious/big/beautiful

2. The _____ sky looks beautiful at night.

Ans : dark/starry



செலக்சன் 6 ஆங்கிலம்

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இரண்டாம் பருவம் 5 in 1

3. The tray has _____ vegetables.

Ans : many

4. It is a _____ day.

Ans : windy

5. The girl gave her friend a _____ smile.

Ans : broad**H. Put the words in correct order and rewrite each sentence.**

1. They have a post-box. (Red, Small, Rectangular)

Ans : They have a small, rectangular, red post box

2. I have sticks. (Long, Two, Brown)

Ans : I have two long brown sticks

3. Find me the brushes. (New, Five, Yellow)

Ans : Find me the five, new, yellow brushes

4. Mahesh is a boy. (Thin, Tall, Clever)

Ans : Mahesh is a tall, thin, clever boy

5. It is a plate. (Round, Pink, Small)

Ans : It is a small, pink, round plate**I. Refer to a dictionary for the meanings and circle the odd one.**1. Tiny - Small, **Enormous**, Little, Puny.2. Ample - Great, Plentiful, Generous, **Restricted**.3. Kind - **Harsh**, Concerned, Charitable, Gentle.4. Honest - Reliable, Trusty, Sincere, **Deceitful**.5. Cheerful - Bright, **Low**, Gay, Contented.

WRITING

J. Imagine that you are the School Pupil Leader. Write a formal letter inviting the chief guest for the school's Annual Day. Give details of the time and place of the event.

From, February 15, 2018
Panchayat Union Middle School,
Veppadappu.

To,
Mrs. B.V. Mohanavalli, IRS,
Chief Commissioner,
Central Excise, Madurai.

Respected Madam,

I am writing this letter on behalf of Panchayat Union Middle school, Veppadappu. Our school is going to conduct its Annual Day on 20th of February. In this connection, we cordially invite you to our 23rd

Annual Day to be the chief guest and address the gathering. We are sure the students will benefit from your ideas and words. We will be privileged to have you in our school on this special day.

We look forward to receiving your acceptance.

Yours Sincerely,
Signature
School Pupil Leader

Imagine that you are the sports captain of your school. Write a formal letter to the sports captain of another school inviting her/ his team for a friendly match. You may choose any sport. Give details of time and place.

From, August 17, 2019
The Team Captain, (Kabaddi)
Panchayat Union Middle School,
Veppadappu.

To,
The Team Captain (Kabaddi)
Govt. Hr. Sec. School,
Thiruvathavur.

செலக்சன் 6 ஆங்கிலம்

20

இரண்டாம் பருவம் 5 in 1

Respected Sir/Madam,

We have a perfect Kabaddi team in our school. We have been selected for the district level Kabaddi competition. It was on December holidays, we want to evaluate us before attending it. It will be good for us if we play a friendly match on 10th of December. We are eagerly expecting a positive reply from you.

Thanking You,

Yours faithfully,
The Team Captain,
Veppadappu.

Envelope

stamp

To,

The Team Captain (Kabaddi)
Govt. Hr. Sec. School,
Thiruvathavur.

CREATIVE WRITING

K. Make a diary entry on the impact of a sports personality who is an inspiration to you. Note:

- ★ Date your entry.
- ★ Write naturally and truthfully.
- ★ Use first person. (I read about Mithali, I like her playing style, etc.,)
- ★ Make your entry informal and expressive.
- ★ Use words that express feelings and write what you feel about it.

Ans:

11, October, 2019

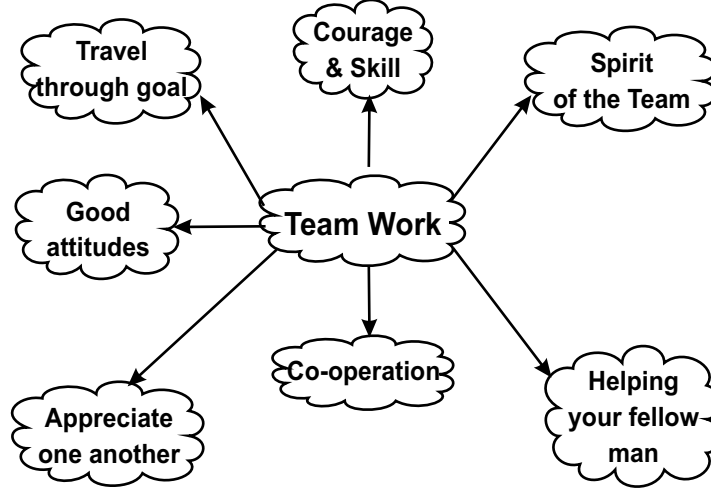
Today, I saw the national level kabaddi competition. I wondered to see Usharani, the cop cum kabaddi player. She is like a lightning. Nobody is able to catch her. Naturally she plays very honestly. She is good at raids and leads. I was attracted by her game naturally. Truthfully, saying, I want to be another Usharani.

LANGUAGE CHECK POINT

		
✗ Kovai is further from Chennai than Trichy.	✓ Kovai is farther from Chennai than Trichy.	✦ Further means 'additional'. Farther is used to talk about distance.
✗ Sheeba is more stronger than Sinduja	✓ Sheeba is stronger than Sinduja.	✦ Avoid double comparatives. Adjectives of one syllable usually form their comparative by adding -er to the positive. Adjectives with more than two syllables take 'more' .
✗ My elder sister is six feet high.	✓ My elder sister is six feet tall.	✦ We generally use tall with people, and it's the opposite of short . Use high when referring to trees, buildings, or mountains, and it's the opposite of low .

POEM - TEAM WORK

MIND MAP



WARM UP

What is the most essential quality required to win the game given below?

Ans : Co-operation and unity of the Team is the required quality to win the game.



*It's all very well to have courage and skill
And it's fine to be counted a star,
But the single deed with its touch of thrill
Doesn't tell the man you are;
For there's no lone hand in the game we play,
We must work to a bigger scheme,
And the thing that counts in the world to-day
Is, How do you pull with the team?
They may sound your praise and call you great,
They may single you out for fame,
But you must work with your running mate
Or you'll never win the game;
Oh, never the work of life is done
By the man with a selfish dream,
For the battle is lost or the battle is won
By the spirit of the team.
You may think it fine to be praised for skill,
But a greater thing to do
Is to set your mind and set your will
On the goal that's just in view;
It's helping your fellowman to score
When his chances hopeless seem;
It's forgetting self till the game is o're
And fighting for the team.*

-Edgar A. Guest (1881-1959)

தமிழாக்கம் :

குழு மனப்பான்மை

குழு மனப்பான்மையுடன் எல்லாத்துறையிலும் தைரியமும்
திறமையுமே இருக்கவேண்டும்
நட்சத்திரத்தை எண்ணிப்பார்ப்பது நல்லது.
ஆனால் துணிச்சலைத் தொடுவதன் மூலம் ஒற்றைப்
பணிகளைச் செய்யுங்கள்
நாங்கள் விளையாடிய விளையாட்டில் எந்த ஒரு கை இல்லை,
நாங்கள் ஒரு பெரிய திட்டத்திற்கு வேலை செய்யவேண்டும்.
இன்றைய உலகில் கணக்கிடப்படும் விஷயம்.
நீ எப்படி உன் அணியுடன் இழுத்துச் செல்கிறாய் என்று ?
அவர்கள் உம்மைப் புகழ்ந்து, உம்மைப் பிரியப்படுத்தி,
அவர்கள் தனித்து புகழ்ப்பெற்றவர்களாக இருப்பார்கள்,
ஆனால் நீங்கள் உங்களுக்குள் இயங்கும் உத்வேகத்தின்
துணையுடன் வேலை செய்யவேண்டும்.
அல்லது நீங்கள் விளையாட்டை வெல்ல மாட்டீர்கள்,
ஒ, வாழ்க்கை வேலை செய்யவில்லை என்பது

ஒரு சுயநல கனவு கொண்ட மனிதனால் கூறப்படுவது.
நம் வாழ்க்கை எனும் போரில் ஜெயிப்பதும், தோற்பதும்
அந்த அணியின் தூய ஒற்றுமையினால் வெளிப்படும்.
திறமைக்காக பாராட்டப்பட வேண்டும் என்று நீங்கள்
நினைக்கலாம்,
ஆனால் ஒரு மிகப் பெரிய செயல் செய்ய வேண்டியது
முதலில் உங்களுடைய எண்ணத்தை மற்றும் உங்கள்
விருப்பத்தை
உங்களுடைய இலக்கை நோக்கிச் செலுத்த வேண்டும்.
அது உங்கள் சகமனிதருக்கு உதவி செய்ய உதவுகிறது.
அவரது வாய்ப்புகள் நம்பிக்கையற்றதாக இருக்கும்போது
அவர்கள் மறந்துவிடமாட்டார்கள் அங்கே
விளையாட்டு முடிந்துவிட்டது என்று
அவர்கள் முழுமனமும் விளையாட்டில் தங்கள் அணியை
வெற்றிபெறச் செய்வது மட்டும்தான்

GLOSSARY

Deed	-	Act; Achievement
Scheme	-	Plan
Fame	-	Glory
Mate	-	Companion; Partner
Spirit	-	Will; Determination
O're	-	A (poetic) abbreviation for 'over'

SYNONYMS :

1. Courage	-	bravery
2. skill	-	ability
3. thrill	-	excitement
4. line	-	single
5. selfish	-	self centred
6. praise	-	applaud
7. goal	-	aim

ANTONYMS :

1. courage	x	cowardish
2. single	x	many
3. thrill	x	sorrow
4. bigger	x	smaller
5. pull	x	push
6. fame	x	unfame
7. selfish	x	unselfish
8. lost	x	won
9. hopeless	x	hopeful
10. forget	x	remember

A. Read the poem aloud and fill in the wheel with its rhyming pair. Also try giving your own rhyming word. One is done for you.



B. Fill in the table.

Contraction is a shortened form of a word or group of words, with the omitted letters often replaced in written English by an apostrophe (').

It's	It is
Doesn't	<u>Does not</u>
There's	<u>There is</u>
<u>You'll</u>	You will
That's	<u>That is</u>
<u>I've</u>	I have
He'd	<u>He had</u>
Aren't	<u>Are not</u>
<u>He's</u>	He has
Won't	<u>Will not</u>
<u>Can't</u>	Can not

C. Answer the following questions.

1. What qualities are needed to play a game?

Ans : Courage, skill and team spirit are needed to play a game.

2. What helps one win the game?

Ans : Team spirit helps to win the game

3. How is team spirit created?**Ans :** Team spirit is created by forgetting 'self'.**D. Read the lines and answer the questions given below.**

1. I t's helping your fellowman to score

W hen his chances hopeless seem;

Its forgetting self till the game is o're

And fighting for the team.

a) What does 'it' stand for here?**Ans :** 'It' stands for 'Fellowman'**b) Write the rhyme scheme for the above lines.****Ans :** a b ab is the rhyme scheme

score - over

seem - team

2. T hey may sound your praise and call you great,

T hey may single you out for fame,

But you must work with your running mate

O r you'll never win the game;

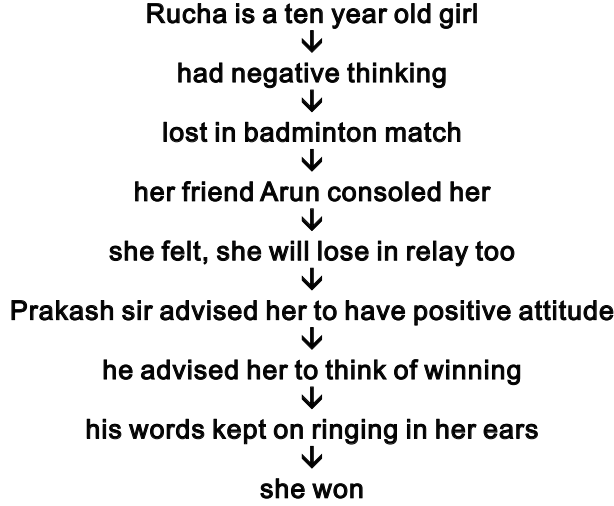
a) Whom does 'they' refer to?**Ans :** 'They' refer to 'Fellowman'**b) Which line talks about team spirit?****Ans :** 'But you must work with your running mate' is the line which talks about team spirit.**c) Pick out the rhyming words from the given lines.****Ans :** a b ab is the rhyme scheme

great - mate

fame - game

E. Pair work. Discuss with your partner and list out any five team games.

- | | |
|-----------|--------------------------|
| 1. _____. | Ans : Cricket |
| 2. _____. | Ans : Kabaddi |
| 3. _____. | Ans : Volley ball |
| 4. _____. | Ans : Foot ball |
| 5. _____. | Ans : Hockey |

SUPPLEMENTARY : THINK TO WIN**MIND MAP****Summary :**

- ★ Rucha a ten years old girl practising to ride a bicycle.
- ★ Vishnu had been teaching her to ride.
- ★ Rucha always underestimate her. Rucha had self-dobs.
- ★ She have shyness and fear. This character make her to lose in every competition.
- ★ Seema is Rucha's sister she is very bold and prove to taking risk.
- ★ Rucha played inter-house Badminton match.
- ★ Rucha lost the game by a couple of point.
- ★ Rucha said that she is always making lot of mistakes.
- ★ Her friend Aruna console her. Mean while, a new P.T. instructor, Prakash sir came to their school
- ★ He was very enthusiastic about sports and drove the children in a right way. He guide them in sincere practice.
- ★ He said to Rucha that you must have a positive attitude.
- ★ Don't even think of losing. See yourself winning! Think to win! Only to win You can do it!
- ★ Richa replied dolefully that 'sir, I am not very good.
- ★ P.T. instructor said that you can do anything, you can achiever like this he motivates her.
- ★ This motivational speech helps Rucha to succeed.

- ★ Fleetingly she thought, Not again!
- ★ Then Prakash sir's words came to her. Think to win!
- ★ The next moment Rucha finished the relay at first.
- ★ Their team won the match. Huurah! they were very happy.

கதைச் சுருக்கம் :

வெற்றியை நோக்கி

- ★ ருச்சா பத்து வயது சிறுமி. அவள் சைக்கிள் ஓட்ட கற்றுக் கொண்டிருந்தாள். விஷ்ணு என்ற சிறுவன் ருச்சாவிற்கு கற்றுக் கொடுத்தான்
- ★ ருச்சா ஒரு தன்னம்பிக்கை இல்லாத சிறுமி. அவளுக்கு எப்பொழுதும் ஒரு பயமும், கூச்சமும் இருந்துகொண்டே இருக்கும்.
- ★ இந்தக் குணம் இவளை அனைத்துப் போட்டிகளிலும் தோல்வியைத் தழுவச் செய்தது.
- ★ சீமா ருச்சாவின் தங்கை. அவள் மிகவும் தைரியசாலியாகவும், எதையும் சாதிக்கும் குணத்தைக் கொண்டிருந்தாள்.
- ★ ஒரு நாள் பூப்பந்தாட்டத்தில் ருச்சா தன்னுடைய பயத்தினால், தோல்வியுற்றாள். அவளுடைய தோழி அருணா அவளைத் தேற்றினாள்.
- ★ அந்த நேரத்தில் அவர்கள் பள்ளிக்கு புதிதாக விளையாட்டு பயிற்சியாளர் திரு. பிரகாஷ் பணிக்கு வந்தார்.
- ★ அவர் நல்லவராகவும், குழந்தைகளை விளையாட்டில் ஐயெய்க்க வைப்பதில் மிகவும் ஆர்வத்துடனும் செயல்பட்டார். மாணவிகளுக்கு நிறைய பயிற்சி அளித்து வந்தார்.
- ★ அவர் ருச்சாவிடம் உன்னால் முடியும் நன்கு ஆர்வத்துடன் பயிற்சி செய் என்றார். ஆனால் அவளோ இல்லை "என்னால் முடியாது, நான் தோற்றுவிடுவேன்" என்று கூறினாள்.
- ★ அதற்கு பயிற்சியாளரோ உன்னை நீ தவறாக எடைப்போட்டு வைத்திருக்கிறாய், நீ சாதிக்கப்பிறந்தவள், உன்னால் முடியும். நீ ஐயெய்த்துவிடுவாய் என்று அவளை தேற்றி, நம்பிக்கையை வளர்த்தார்.
- ★ இந்த வார்த்தைகள் அவளை வெற்றிப்படிகளை எட்ட வைத்தது.
- ★ இறுதியில் அவள் பள்ளிகளுக்கிடையே நடந்த குழு ஓட்டப்பந்தயத்தில் ஐயெய்த்தாள்.
- ★ அவர்கள் அணியினர் அனைவரும் மிகுந்த சந்தோஷத்தில் திளைத்தனர்.

SYNONYMS :

- | | |
|-----------------|-------------|
| 1. wobbled | - shake |
| 2. wailed | - cried |
| 3. gloomily | - unhappily |
| 4. enthusiastic | - eager |

- | | | |
|---------------|---|----------------|
| 5. vociferous | - | vehement |
| 6. dawned | - | begin |
| 7. joviality | - | joyful |
| 8. mettle | - | spirit |
| 9. fleecingly | - | evasively |
| 10. rashly | - | acting hastily |

ANTONYMS :

- | | | |
|--------------|---|-------------|
| 1. tight | x | loose |
| 2. angrily | x | calmly |
| 3. conscious | x | unconscious |
| 4. harder | x | softer |
| 5. gloomily | x | happily |
| 6. fast | x | slow |
| 7. agreed | x | disagreed |
| 8. quick | x | fast |
| 9. positive | x | negative |

A. Choose the correct answer.

1. "Girls you are a good team."

Which team do the girls belong to?

- a) Badminton b) Hockey c) Relay d) Volleyball

Ans : c) Relay

2. Springfield is the name of a _____.

- a) team b) house c) company d) school

Ans : a) team

3. The inter-school sports meet refers to competitions among the _____.

- a) teams of the same school
b) schools in the locality
c) schools in neighborhood
d) schools from other districts

Ans : b) schools in the locality

4. Seema is Rucha's _____.

- a) friend b) teammate
c) younger sister d) opponent

Ans : c) younger sister

5. Order the names of the members in Team B relay event. Shabnum was followed by

- a) Neelam, Aruna, Rucha
b) Aruna, Rucha, Neelam
c) Neelam, Rucha, Aruna
d) Aruna, Neelam, Rucha

Ans : a) Neelam, Aruna, Rucha

B. Answer the Following.**1. How does Rucha differ from her sister?**

Ans : Rucha was over protective, while her sister was bold and prone to taking risks.

2. 'Springfields has a runner and they call her P.T. Usha'. Why did they call her so?

Ans : P.T. Usha is the golden lady of India. She fetched many gold medals to India by her runs. Similarly spring fields team had a runner who ran fast and bagged many prizes. So they call her so.

3. Describe the qualities of the new P.T. Instructor Mr. Prakash.

Ans : New P.T. Instructor Mr. Prakash was very enthusiastic about sports gave practice to the children by praising them, scolding them, correction them. But mostly he encouraged the children.

4. What words were ringing in Rucha's ears when she was running in the relay?

Ans : 'Think to win' were the words that kept ranging in Rucha's ears when she was running in the relay.

5. What did Rucha finally realise about herself?

Ans : Rucha finally realised that she could win whenever she chose to.

C. Read the given lines and answer the questions.

1 . His voice came from some distance away and, Rucha realized that he was not holding the bicycle any more. "I will fall! I will fall!" she wailed.

a) What was she afraid of?

Ans : She was afraid of herself

b) Was the boy closely following her?

Ans : No, the boy was not closely following her.

2 . For the past two weeks he had been teaching her to ride.

a) Who was teaching whom?

Ans : Vishnu was teaching Rucha

b) What was he teaching?

Ans : He was teaching cycling

3 . Even 'P.T. Usha' came to shake her hand. "I thought I was fast, but you were simply superb!" she shook hands with her.

a) Who does the word 'you' refer to?

Ans : 'you' refers to P.T.Usha of spring fields team

b) What quality of the speaker is revealed?

Ans : 'Sportsmanship' is revealed.

D. Think and answer.

Imagine you are Rucha and make a diary entry on your feelings about the day's happening and your victory. The start is given. Complete the diary.

Ans : At first i underestimate myself that i can't do anything, i'm not able to achieve.

Through hard work and dedication we can do anything.

Have faith in ourselves, don't

lend your years and thoughts to negative things, think positively, be positive and everything will happen positively.



E. Discuss in class.

• How did Rucha overcome her self- doubts? How can shyness and fear be overcome?

Ans : When Rucha had positive thoughts, she won the game by winning the game she overcame her self doubts, shyness and fear can be overcome by being confident.

F. Role play.

• Work in groups and enact the story.

Select the character you are going to impersonate.

★ Read the story carefully.

★ Prepare your dialogue.

★ Co-ordinate with your group.

★ Present your skit to the class.

Scene 1 : Road

Rucha : Hold tight, Vishnu I will fall.

Vishnu: Don't worry Ruchaji, you are doing well.

Rucha : Vishnu, stop the cycle. I want to get off.

Vishnu: Use the brake.

(She falls down wailing)

Scene 2 : House

Rucha : I told you to hold tight. I told you I would fall.

Vishnu: But Ruchaji, you were riding quite well, isn't it?

Rucha : See I fell, didn't I?

Mother: You fell. Doesn't matter, we all do when we are learning.

Rucha : The bicycle is too big for me. When I am in the seat, my toes barely touch the ground.

Seema : Mummy! May I ride the bicycle?

Rucha : No, Seema, you can't. Be serious you should be protected

Scene 3 : Ground

Rucha : I am not for winning.

Aruna : You played alright. The time when your opponent was at the net. If you had hit just a little harder, over the head, you could have won that point.

Rucha : I know, I know, but some how I always make such mistakes.

Aruna : You must practice more. That's all cheer up now. At least you tried. The interschool meet is coming up you're in the school's relay time, aren't you

Rucha : I will make everyone lose the race.

Aruna: Don't think that way.

Scene 4 : Ground

Rucha : Spring fields have a very fast runner in their team. Has anyone heard of they? They call her P.T.Usha.

Prakash sir: Don't worry about it. You must have a positive attitude. Don't even think of losing. See yourself winning! think to win! only to win! you can do it, I can feel it.

Scene 5 : Ground

Prakash sir: Girls, you are a good team. You can win! Go ahead and show your mettle! Good luck.

Girls : Thanks Sir.

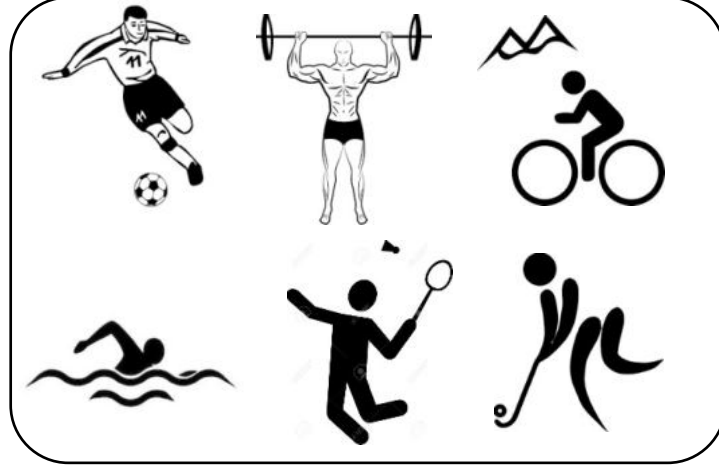
Game starts

Aruna : Rucha, come on Ru....cha! Rucha you have won

P.T.Usha: Congratulations! I thought I was fast, but you were simply superb.

PROJECT

G. Prepare a collage on different sports and present it in the class.

**CONNECTING TO SELF**

Together Everyone Achieves More (TEAM).

KEY TRAITS FOR WORKING IN A TEAM

Discuss: Have you ever employed any of these qualities in your daily life? Share your experience.

**1. Positivity**

Believe in yourself. Take part in competitions, prayer activities, etc.,

Ans : I have taken part in prayer activities.

2. Communication

Interact with your classmates, team mates, and teachers at the right time.

Ans : If I have doubts, I will ask my teacher.

**3. Dedication**

Put your heart and soul into whatever you do, to turn your dreams into reality.

Ans : I am dedicated to my studies

**4. Willing**

Never let an opportunity slip by. Take part in scholastic and co- scholastic activities willingly.

Ans : I am willing to participate in karate class.



**5. Adaptability**

Adapt yourself to the changing needs. Make use of the technology available for learning.

Ans : I move freely with others. I can use mobiles and computers

STEPS TO SUCCESS

Identify the sport name from the given wuzzles. One is done for you.

AT LET ✓✓✓✓✓ ATHLETICS	SSSSSSSSS MATCH Tennis match	SKATING Skling
COUNTRY X Running	BALL Base ball	ATHALON ATHALON ATHALON Triathlon

Find the odd one out.

eg.

Weight lifting, Boxing, Silambam, Fencing **Weightlifting**

1. Hide and Seek, Kho-Kho, Tennikoit, Kabaddi **Hide and seek**

2. Badminton, Cycling, Tennis, Squash **Cycling**

3. Trapeze, Throw Ball, Bowling, Goalball **Trepeze**

4. Snooker, Polo, Five Pins, Carrom Board **Carrom board**

5. Cricket, Base Ball, Hockey, Basket Ball **Hockey**